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Cardiovascular Diseases

December 8, 1968

The Honorable John O. Henderson
United States District Judge
United States District Court
for the Western District of New York
68 Court Street
Buffalo, New York

Filed - 12-9-68 J. Paul Dawson Chief Dep. Clerk

Re: Mr. Stefano Maggadino D-1
5118 Dana Drive
Lewiston, New York
CR. 1965-196

Dear Sir:

At the request of Dr. Victor Pellicano, attending physician, I was called in consultation to re-examine Mr. Maggadino on December 8, 1968, at his home in Lewiston, New York, because of more frequent chest pains.

Mr. Maggadino is at bedrest on the orders of his physician because of the increased anterior chest pain which has been more frequent and more severe in the past two weeks. These pains and congestion are helped by oxygen, which he has at his bedside, and by the continued use of his nitroglycerine and other medication. He continues to be under medication using digitalis, isordil, anticoagulants and medication for a chronic severe prostatic disease. In the past month other medication has been added because of his serious arrhythmias or disorders of the heart beat.

Since my original examination of Mr. Maggadino in June 1968, his angina has worsened particularly in the past two weeks. He now shows the continued enlargement of his heart, the rate is regular; at the moment the blood pressure is 140/90. There are rales in both posterior bases of the chest. The electrocardigram shows a first degree AV block and intraventricular conduction defect. His diabetes has been more severe in the past month as manifested by a high blood sugar. This contributed to the anteriosclerotic process of his heart.

It would be my feeling that Mr. Maggadino has deteriorated since my previous examination particularly because of the increased chest pain and the evidence of the congestion which he has now. With the use of the various medications and the oxygen he is being controlled. However, it is my opinion, based on medical facts, that although this man may function reasonably well in a quiet, sheltered atmosphere, that any aggravation due to emotional or physical effort may be quite dangerous to his health and I would advise his physician that he should not be allowed to leave his home to appear in any court room. I think that this would be detrimental and would result in complications which at any time could be disastrous.

Mr. Maggadino, at the moment, needs complete bedrest, continued professional observation and avoidance of all adverse emotional stimuli. Thank you very much.

Yours very truly,

Walter T. Zimdahl, M.D.

WTZ/db